



Camping in Antarctica!

One of our most popular activities, camping offers you the unique opportunity to roll out your sleeping mat and wriggle into your thermal sleeping bag for a night on the ice. Once you've settled in, prepare to witness the stunning beauty of the Antarctic night sky, as well as the sounds of ice cracking in the distance and wildlife carrying on their busy schedule around you. This is the activity for ultimate bragging rights!

Required Equipment

Aurora Expeditions provide all the necessary equipment including a camping mat and thermal sleeping bag for your night on the ice.

Please note: We don't use tents for our camping experience. We believe that the experience is best enjoyed without blocking the amazing surrounds we've come to admire.

Group Size

We take a maximum of 40 campers in Antarctica and bookings are on a first-come-first-served basis.

Some Handy Tips

- Drink and eat properly: have a good meal or substantial snack before heading off the ship. Your body needs fuel to maintain heat.
- Toileting: please use the toilet before you leave the ship. There will be a toilet on shore but it's slightly less comfortable.
- Take a small (but strong) bottle of warm to hot water (not boiling) and wrap into clothing to insulate it, this will act as a hot water bottle. The bottle or container must not leak and should be wrapped in clothing.

Important note:

Camping is only available on selected expeditions, so please look out for voyages that offer camping. Availability is strictly limited to 40 participants so book early to avoid missing out. No previous camping experience required.

Please note that camping is highly dependent on weather conditions and only offered on Antarctic Peninsula voyages.



Some Handy Tips (continued)

- Wear dry clothes – especially dry socks. Put on some headwear to keep your head warm, and don't wear your shell jacket inside the bag. Thermals and fleece layers should be sufficient.
- Use two bedding mats – this helps insulate you from conductive heat loss.
- A sleeping bag liner adds warmth – make sure you use it inside your bag.
- The sleeping bag draw strings help prevent heat loss – use them to trap your body's heat.
- Create shelter - use your pack or build a small snow wall for shelter from the wind. Sleep beside a buddy – they create shelter for you and hopefully don't snore too much!
- Avoid alcohol – despite the initial warmth alcohol provides, it soon decreases your body temperature.
- Ask Aurora staff for advice – we will be on shore to help make this a great adventure. All sleeping bags, mats and liners will be provided.

FAQs

How will I stay warm?

Your onboard expedition team will advise on the appropriate clothing to wear ashore and will provide you with a mat and thermal sleeping bag for your night out on the ice. In fact, you're more likely to overdress than get too cold!

Is it safe?

Yes, Aurora Expeditions have taken hundreds of adventurous souls out overnight and our expert expedition team know where to find the best spots for your camping experience.

Will I sleep much?

Possibly not! Many passengers don't camp out to sleep – they're there to soak in the amazing surrounds, witness incredible vistas and enjoy the sounds of nearby penguin colonies and possibly even a calving glacier.

We'll do our best to make sure you get the chance for a cat nap the next day.

Will I get a chance to sleep under the stars?

Our camping trips take place in the middle of the Austral summer, and on the Antarctic Peninsula we'll be experiencing almost 24 hours of daylight. This means that instead of a starry night, you'll instead be treated to an extended sunset and sunrise as the sun briefly dips below the horizon, filling the sky with an endless palate of colours.

Travel Insurance

Travel insurance, including emergency evacuation coverage, is mandatory on all Aurora Expeditions voyages. Please contact Aurora Expeditions if you need assistance with your insurance policy.

For more information please contact your travel agent, or Aurora Expeditions on:

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